Benjamin G. Levin

Open Gym Schedule

April 2017

View our schedule online at **jccrochester.org**

LOUIS S. WOLK JCC ROCHESTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open 5-10:15	Men's Pick-up Basketball 5-7:30	Beg/Interm Pickleball 5-8:45	Open 5-9:15	Basketball Rental (Gym Reserved) 5-7:30		
	Open 7:30-9	Open 8:45-10		Open 7:30-10	HIIT 8-9:30	Open 8-10
Wolk 10:15-12 / 1/2 Open 10:15-12	Wolk 9-12	UCCS 10-11:30	Wolk Kids 9:15-11	K Crew 10-10:30	Open 9:30-12	Open Pickleball 10-1:15
Open 12-1	Open Pickleball 12-2	Open Pickleball 11:30-3	Open Pickleball 11-2	Open Pickleball 10:30-1:45	Men's Pick-up Bball 12-3 (*2nd Saturday of month reserved for bounce hours parties)	Youth Recreation 1:15-6:30
Open Pickleball 1-3	K Crew 2-2:30 / 1/2 Open 2:30-3 / PBall Clinic 2-3		K Crew 2-2:30 / 1/2 Open 2-2:30 / Open 2:30-3	UCCS 1:45-3:45		
Open 3-4:30	Youth Recreation 3-5:30	Youth Recreation 3-5:30	Youth Recreation 3-5:30	Open 3:45-4:30	Family Time 3-5 / Volley-ball 3-5	
Men's Pick-up Basketball 4:30-7	1/2 Open 5:30-8 / Jr NBA Rental 5:30-8	1/2 Open 5:30-8 / Jr NBA Rental 5:30-8	HIIT Class 5:30-7	Youth Recreation 4:30-5:30	Open 5-6:30	
Open 7-9:30pm	Open 8-9:30	Open 8-9:30	Open Pickleball 7-9:30		VBall Rental 6:30-8 / 1/2 Open 6:30-8	Open Table Tennis 6:30-8 / 1/2 Open 6:30-8