

# JCC Pool Schedule: 12/15, 2018 - 1/6, 2019

			Class	Instructor	Start	End	
December	15	Saturday	HydroRider	Andrea	9:15 AM	10:15 AM	Drop in, no Registration needed
December	16	Sunday					
December	17	Monday	Aqua Care	Vanesssa	9:00 AM	10:00 AM	
			Aquaerobics	Vanesssa	11:00 AM	11:45 AM	
			Zumba H2O	Steve	6:30 PM	7:30 PM	
			HydroRider	Christy	5:30 PM	6:15 PM	Drop in, no Registration needed
December	18	Tuesday	Master Swimming	Aidan	6:30 AM	7:45 AM	
			HydroRider	Christy	8:45 AM	9:45 AM	Drop in, no Registration needed
			H2O Bootcamp	Avi	9:15 AM	10:00 AM	
			Joints in Motion	Christy	11:00 AM	11:45 AM	
December	19	Wednesday	Yoga Flow	Wendy	9:00 AM	10:00 AM	
			Aquaerobics	Christy	11:00 AM	11:45 AM	
			Aquasize	Andrea	6:15 PM	7:15 PM	
December	20	Thursday	Master Swimming	Aidan	6:30 AM	7:45 AM	
			Power Aqua	Christy	9:00 AM	9:45 AM	
December	21	Friday	HydroFit	Christy	9:00 AM	10:00 AM	
			Aquaerobics	Christy	11:00 AM	11:45 AM	
December	22	Saturday	HydroRider	Andrea	9:15 AM	10:15 AM	Drop in, no Registration needed
December	23	Sunday					
December	24	Monday	<b>NO CLASSES</b>				
December	25	Tuesday	<b>NO CLASSES</b>				
December	26	Wednesday	Yoga Flow	Wendy	9:00 AM	10:00 AM	
			Aquasize	Andrea	6:15 PM	7:15 PM	
December	27	Thursday	Power Aqua	Christy	9:00 AM	9:45 AM	
December	28	Friday	HydroFit	Christy	9:00 AM	10:00 AM	
			Aquaerobics	Christy	11:00 AM	11:45 AM	
December	29	Saturday	HydroRider	Andrea	9:15 AM	10:15 AM	Drop in, no Registration needed
December	30	Sunday					
December	31	Monday	<b>NO CLASSES</b>				
January	1	Tuesday	H2O Bootcamp	Avi	9:15 AM	10:00 AM	
January	2	Wednesday	Yoga Flow	Wendy	9:00 AM	10:00 AM	
			Aquaerobics	Christy	11:00 AM	11:45 AM	
			Aquasize	Andrea	6:15 PM	7:15 PM	
January	3	Thursday	Power Aqua	Christy	9:00 AM	9:45 AM	
January	4	Friday	HydroFit	Christy	9:00 AM	10:00 AM	
			Aquaerobics	Christy	11:00 AM	11:45 AM	
January	5	Saturday	HydroRider	Andrea	9:15 AM	10:15 AM	Drop in, no Registration needed
January	6	Sunday					