



SCHOOL
DAY at the J



Dear JCC Families,

Welcome to the Wolk Children's Center 2020-2021 School Year! We cannot tell you how much it has meant to all of us here at Wolk that you put your trust in us every day. It is not a privilege we take lightly, and through our dedication and love for your little ones it is one that we will continue to earn.

In this packet, you will find important information on new policies and what to expect. If you have not already, you will be receiving communication from your child's teacher, with classroom-specific information.

If you have any questions, please contact the main office at 585-461-2000 ext. 272, or email us at wcc@jccrochester.org.

The Wolk Team



Wolk Children's Center PPE Information for Children 3 and up

While we prepare to have more children join us and we enter flu and cold season, we want to make sure that we are putting into place as many precautions as possible to reducing the spread of germs. The lens in which we view childcare has and will continue to evolve and our new approach to life at Wolk has been to monitor and adjust. Part of that evolution consists of our carefully thought out decision that we will be requiring all children three years and up to wear a mask the entirety of the day while at the JCC, with the exception of nap and meal times.

We understand that this change will come with a lot of valid questions and concerns, and we want to establish first and foremost that we are aware of what we are asking, and will be here every step of the way to support you and your child's needs.

While at first this may appear to be a daunting challenge for all involved, if we work together it is not an impossible one. We will send home helpful literature of suggestions and creative ideas to make this transition easier.

Again, we know that every child and their comfort level will vary. For some, it will be a seamless addition to their day, and for others this will be a concept that comes with challenges. Consistency, understanding, patience, and practice are tried and true friends when it comes to childhood development, and this will prove no different!

We're here for you!

Denise



Contact Information

- For general questions, contact the Wolk Children's Center Main Office: 585-461-2000 ext. 272
- Your child's teacher will be reaching out you with classroom-specific information and will give you their direct extension.

Hours of Operation

7:30am – 5:30pm

- The office will communicate your designated time slot for drop off and pick up. If you need to either drop off or pick up outside that window on any given day, please let the office know.

Drop- Off/ Pick-Up

- When you arrive at your scheduled drop off time, a JCC employee will meet you at your vehicle at the Wolk Children's Center entrance. Please hand your completed Health Assessment form to that employee. Families with multiple children will need to complete one form per child. For your safety and ours, we ask that you wear a mask during drop off and pick up. We will also be taking your child's temperature with a no-touch thermometer. If your child fits the well-child criteria, we will ask that you then remove your child from the vehicle and a staff member will bring your child into the building. If your child has a fever, higher than 100.0 we will not allow them into the building and we will navigate the next steps with you at that time. At pick up, a staff member will walk your child from their classroom to your vehicle. For your child's safety we ask that you strap the child in your car yourself. We ask that you please be patient as we go through this process so we can take the time to make sure your children are safe and comfortable.



Mask Requirement

- All children three years and up will be required to wear a mask the entirety of the day while at the JCC, with the exception of nap and meal times.

What to Bring

- Food and Drink
 - Please provide a lunch and two snacks for your child each day. It is helpful to the teachers if you label what you would like your child to have for morning snack, lunch, and afternoon snack.
 - We are a nut-free, kosher dairy facility. We ask that children bring a vegetarian lunch.
 - Toddlers may bring three sippy cups with lids, one for each mealtime. Preschool and school-age children can carry a water bottle, or will be given disposable cups.
 - Please be mindful that we cannot use classroom refrigerators or microwaves at this time. Please pack a lunch that can be kept in your child's cubby with an ice pack or thermos.
- Spare Clothing
 - Be sure to pack spare season appropriate clothing and a mask (for children 3 and up) for your child. Some children get cold in the air conditioning, so we recommend you bring a light sweater even on warmer days.
- Naptime
 - Please provide a sheet, a blanket, and a lovey. Everything you pack must be labelled with the child's first and last name. Not all classrooms have naptime; please check with your classroom teacher for more information.
- Technology for School Aged:
 - Please send a fully charged laptop or tablet (and charger) set up with any app or website for your child's schoolwork.



Outdoor Play

Our teachers bring the children outside at least once a day to play. We ask that you put sunscreen on your child in the morning before you drop them off. Be sure we also have sunscreen on hand for your child so we can reapply as needed. Mr. Brendon will be organizing outdoor gym class time with each class. On warmer days, we may have water play with sprinklers and other water toys. For these days, we ask that you provide a swimsuit, towel, and swim diapers if needed (your classroom teacher will communicate this beforehand).

Classroom Group Size

State regulations mandate that group sizes are limited to 15 children with the appropriate amount of staff. We will still follow OCFS ratio guidelines for each age group.

Health Assessment Form/COVID-19 Agreement Waiver

Attached to this letter, you will find a Child Health Assessment form and a COVID-19 Agreement Waiver. Before you arrive on Monday August 31st (Tuesday, September 8 for Kindergarten-6th grade), please make sure we have a signed copy of the COVID-19 agreement waiver. You can email it to us beforehand, or you can bring it with you upon arrival. Each day when you arrive, you will need to have a completed Health Assessment form for your child. We recommend that you print out several and keep them in your car for convenience, since you will need to complete one every morning.



Tadpoles

We are really excited to enhance parent-teacher connection with the Tadpoles app! With Tadpoles, you'll be able to message teachers, view your child's daily report, and see photos of your child. You can find the Tadpoles Parent app in the app store or sign up with the link below:

https://www.tadpoles.com/home_or_work

When you sign into the app using the email we have on file, you should automatically be connected with your classroom! Both parents can use your individual emails.

Rochester Regional Health Pediatric Telehealth

We are excited to announce that Rochester Regional Health Telehealth services are now available for your child (18 months-12 years) at the Wolk Children's Center. Our hope is this will be a helpful extension from school to home adding another layer of care in our community. Rochester Regional and Wolk Children's Center look forward to our partnership with you! Please complete the demographic and consent paperwork so that you are ready to utilize this service.



CRITERIA FOR WHEN TO KEEP A CHILD HOME WITH ILLNESS AND WHEN CHILDREN ARE SENT HOME FROM THE JCC'S WOLK CHILDREN'S CENTER

In these uncertain times it can be difficult to determine what is a typical childhood illness or what could possibly be symptoms of COVID -19. Due to the range of symptoms that can be exhibited by the novel coronavirus that often mimic those of other illnesses we have modified our exclusion criteria to reflect best practices to keep everyone safe.

The JCC Wolk Children's Center follows the NYS Department of Health, our licensing agency, the Office of Children and Family Services (OCFS), and the most recent findings of the CDC to determine the guidelines and recommendations to define exclusion criteria for when to keep children at home and when children should be sent home from school when they meet the criteria noted below.

Symptoms of COVID-19 include: new onset cough or shortness of breath or fever (100.0°F or higher) by themselves OR at least 2 of the following: chills, muscle pain, sore throat, fatigue, congestion, loss of sense of smell or taste, or gastrointestinal symptoms of diarrhea, vomiting, or nausea.

In the event that your child exhibits two or more of the symptoms listed above at home or while in our care, we ask that in order to return to school one of the following **MUST** occur:

- Written documentation from a physician clearing your child to return to school.
- Test results, if a COVID -19 test is performed.
- A return to school no less than 14 days from the onset of symptoms.



The following are exclusion criteria set forth by our Health Care Consultant in conjunction with New York State OCFS Regulations:

- ☐ **ABDOMINAL PAIN** – Abdominal Pain that continues for more than two hours and/or intermittent pain associated with fever or symptoms of illness. A child that presents with a stomachache without vomiting or diarrhea after a recent injury, blow to the abdomen or hard fall.
- ☐ **NECK PAIN** - A child that presents with neck pain when the child's head is moved or touched. Or, a stiff neck or severe headache and looking ill.
- ☐ **SEIZURE** – Refer to the child's Individual Health Care Plan.
- ☐ **HEADACHE** – A child with a severe headache, especially if accompanied by fever or rash.
- ☐ **MOUTH/NOSE SORES** – Mouth sores with drooling unless the child's primary care provider states the child is noninfectious (written documentation required); Honey-crusted sores around the nose or mouth; any wet or weeping sores; or a physician confirmed diagnosis of impetigo after treatment has started and sores can be covered and kept dry.
- ☐ **RASH** - Children with rashes accompanied by other symptoms of illness such as fever, behavioral changes, or drainage may return to school after a medical exam indicates these symptoms are not those of a communicable disease. Written documentation from the medical professional will be required.
- ☐ **EYE SYMPTOMS** - Red, runny eyes that are painful, severely itchy, red or swollen eyelids, or distract a child from learning.
- ☐ **SCABIES** - Children may return after treatment has been given. Documentation is required by the physician.
- ☐ **HEAD LICE** - To avoid confusion between viable eggs and hatched or unviable eggs, we will accept children who have nits greater than ½ inch from the scalp.

Lice lay eggs 3-4mm from the scalp. Average hair growth is ½ inch per month. That should allow a margin of safety even in those with the fastest growing hair.



If a child has been diagnosed with lice, he/she will need to be checked by an Early Childhood Director before re-entry to school and daily for a 2 week period after following re-entry to school.

OTHER:

- Child is too sleepy or ill to stay in class all day or profit from program activities.
- Persistent crying, or significant irritability.
- Severe ear pain or drainage from the ear.
- A child who has not urinated at least once in eight hours, dry mouth, no tears or sunken eyes
- Looking or acting ill or getting worse quickly.
- Any condition that you think may be serious, contagious to others, or that would prevent your child from staying in class, participating comfortably in activities, or that may interfere with learning.

Please contact your private provider for general and specific questions about your child.

Date: August 25, 2020



SCHOOL
DAY at the J



PARENT ACKNOWLEDGEMENT

CHILD'S NAME

PARENT/GUARDIAN SIGNATURES

DATE

By signing this document and enrolling your child in this program, you acknowledge that you have read the information above and understand the contents.