

READY SET GROW

**Ages
0–18 mos**

Use this checklist to identify the skills you can help your child develop.

List derived from the NYS Pre-K Learning Standards Resource.

Physical Well-being

- Lifts head + chest while on tummy
- Rolls over (front to back, back to front)
- Sits with support
- Stands independently
- Walks
- Mimics hand clapping or waving
- Explores food with fingers, begins to eat table foods

Social + Emotional Development

- Can often be soothed when comforted
- Shows preference for certain caregivers, objects/toys
- Smiles at other people
- Reaches out to touch others or grab their toys
- Imitates sounds, actions, and motions of others
- Begins to participate in simple parallel play
- Recognizes undesired behavior when told “no”
- Protests when does not want to do something

Learning, Curiosity + General Knowledge

- Shows interest in people by watching their behavior
- Stares at, explores, or manipulates objects in environment
- Shows likes + dislikes for activities, toys, or experiences
- Shakes, bangs, drops, or throws toys
- Plays games that involve repetition (ex. peek-a-boo)
- Uses an object to make a sound
- Recognizes people, objects, or animals in photographs or books
- Understands the concept of “more”
- Imitates the sound or action of animals or objects
- Gazes at pictures, photographs, or books for a brief period

Language + Communication

- Responds to familiar words
- Communicates needs with single words
- Responds to own name
- Uses gestures, points to objects when named
- Vocalizes or makes sounds to get attention
- Shows increasing ability to handle books
- Makes marks or scribbles on paper