## Single Gender Swim Schedule

## Sundays, 4:30-6:30pm

Max Adler Lap Pool, Bobry Family Pool, and Locker Rooms are the only areas available at this time.

| Women       | Men         |
|-------------|-------------|
| January 21  | February 11 |
| February 4  | March 10    |
| February 18 | April 14    |
| March 3     | May 12      |
| March 17    | June 9      |
| April 7     |             |
| April 21    |             |
| May 5       |             |
| May 19      |             |
| June 2      |             |
| June 16     |             |

## Women's Only Zumba

## Wednesdays, 6:30–7:30pm Mind/Body Studio

This class is for Women only and is taught by a female instructor.



Member Services: 585.461.2000 Rachel Kest: rkest@jccrochester.org