Single Gender Swim Schedule

Sundays, 4:30-6:30pm

Max Adler Lap Pool, Bobry Family Pool, and Locker Rooms are the only areas available at this time.

| Women | Men |
|-------------|-------------|
| January 21 | February 11 |
| February 4 | March 10 |
| February 18 | April 14 |
| March 3 | May 12 |
| March 17 | June 9 |
| April 7 | |
| April 21 | |
| May 5 | |
| May 19 | |
| June 2 | |
| June 16 | |

Women's Only Zumba

Wednesdays, 6:30–7:30pm Mind/Body Studio

This class is for Women only and is taught by a female instructor.



Member Services: 585.461.2000 Rachel Kest: rkest@jccrochester.org