

# OPEN GYM SCHEDULE

Updated February 26, 2023

Grey: Reserved for Registered Program / Rental  
Family Gym: Best for Ages 3-12, see website for details  
Youth Pick-up Basketball: Ages 13-17 (9-12 w guardian)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5:30-8am</b> Open Gym	<b>5:30-8am</b> Open Gym	<b>5:30-8am</b> Open Gym	<b>5:30-8am</b> Open Gym	<b>5:30-8am</b> Open Gym
<b>8-9:45am</b> Open Pickleball: All Levels	<b>8-10am</b> Open Pickleball: All Levels	<b>8-11am</b> Open Pickleball: All Levels	<b>8-10am</b> Open Pickleball: Intm + Adv	<b>8-10am</b> Open Pickleball: Intm + Adv
<b>10am-12pm</b> Half Drop-in Family Gym	<b>10am-12pm</b> Shared Open Gym	<b>11am-12pm</b> Drop-in Family Gym	<b>12:30-3:30pm</b> Open Pickleball: Intm + Adv	<b>10am-12</b> Open Gym (No Pickleball)
<b>12-1pm</b> Over 50 Pick-up Basketball	<b>12:30-3:30pm</b> Open Pickleball: Intm + Adv	<b>12-1pm</b> Over 50 Pick-up Basketball	<b>3:30-5pm</b> Shared Gym Family Gym/ Open Gym	<b>12-2pm</b> Open Beginner Pickleball
<b>1-5:30pm</b> Shared Open Gym & Family Gym (No Pickleball)	<b>3:30-5pm</b> Shared Gym Family Gym/Open Gym	<b>1-3pm</b> <b>OPEN GYM</b> (No Pickleball)	<b>5:30-7:30pm</b> Open Adult Pick-up Basketball	<b>2-4pm</b> Open Gym (No Pickleball)
<b>5:30-7:30pm</b> Open Adult Pick-up Basketball		<b>3-5pm</b> Shared Gym Pickleball + Open Basketball		<b>4-6pm</b> Half Open Gym (No Pickleball)
SATURDAY	SUNDAY			
<b>7:30-9am</b> Half Open Gym Half Volleyball	<b>7:30-9:30am</b> Beginner Pickleball			
<b>9-9:45am</b> Family Gym	<b>10:30am-12pm</b> Drop-in Family Gym			
<b>9:45-11am</b> Group Fitness	<b>12-2pm</b> Half Open Gym (No Pickleball)			
<b>11am-12:30pm</b> Open Pickleball: Begin	<b>2-3pm</b> Open Gym Half Drop-in Family Gym (No Pickleball)			
<b>12:30-2:30pm</b> Open Pickleball: Intm + Adv	<b>3-4pm</b> Open Gym (No Pickleball)			
<b>2:30-5pm</b> Open Adult Pick-up Basketball				
<b>5-6pm</b> Open Gym (No Pickleball)				